



GRAN PARADISO - EXPRESS

Are you a mountain lover but you didn't climb a 4000 mt yet? Don't you wanna spend two days out?

"Gran Paradiso Express" it's what you are looking for, climbing up and down in an incredible ride!

Program:

- Presentation and equipment check
- Climbing up and down from the parking (little rest to the hut)
- Lunch at rifugio and back to the car

Materiale:

- Backpack 30/35 litri
- Kit glacier(crampons ,harness and axe if necessary)
- Head lamp with new batteries
- Mountain shoes
- Mountain trousers
- Tights
- Tshirt termic(1° layer)
- Polartec long sleeves (2° layer)
- Padded jacket(3° layer)
- GORE TEX jacket (4° layer)
- 2 pairs of gloves (one warmer)
- Mountain hat and buff
- Sunglasses
- Solar cream

Duration:

1 day

Number of person:

Maximum 4

Meeting point:

Agree with the guide

Skill required:

No special requirements

Fit:

Minimum climbing speed - 500m/h

Fee:

- 1 Person: € 450
- 2 People: €250/pax
- 3 People: €185/pax
- 4 People: €150/pax

Included:

- Mountain guide fee

Not included:

- Transfer to the meeting point
- Lunch(even for the mountain guide)
- Equipment rental
- Everything not written in included

Assicurazione:

it's possible and advisable to subscribe the mountain rescue insurance provided for mountain guide clients

<https://www.larcasrl.it/page.asp?ID=45>