



## POLLUX

On the border between Italy and Switzerland, Pollux is one of the emblematic four-thousanders of Monte Rosa massif. Slightly more technical than its twin peak Castor, the ascent of Pollux will be an unforgettable experience!

### Program:

#### Day 1:

- Meeting with the guide (time to be defined) for equipment check and briefing
- Climb to the hut
- Dinner and overnight stay

#### Day 2:

- Breakfast and departure about one hour before dawn
- Ascent and return to the hut
- Lunch and return to the valley

### Equipment:

- 30/35 litre backpack
- Crampons, harness and ice axe if necessary
- Trekking poles
- Headlamp with charged batteries
- Mountain shoes

### Duration:

2 days

### Overnight stay:

Guide del Cervino hut or Lambronecca hut

### Number of participants:

Maximum 2

### Meeting point:

To be set with the guide

### Technical difficulty:

Snow-covered slopes, sections on grade II on rock, some vertical walls equipped with chains

- Tights
- Undershirt (1st layer)
- Long-sleeve shirt (2nd layer)
- Polartec jacket (3rd layer)
- Padded jacket (4th layer)
- GORE TEX jacket (5th layer)
- 2 pairs of gloves, a thick and a light one
- Woolen hat and buff headwear
- Sunglasses
- Sun cream

**Fee:**

- 1 person: € 600
- 2 people: € 300/each

**Included:**

- Mountain guide fee

**Not included:**

- Transfer to/from the meeting point;
- Overnight stay and half board in mountain huts, for the participants and the Guide;
- Other expenses in the mountain hut not included in the half board, for the participants and the Guide;
- Technical equipment rental;
- Ski lifts fare or taxi
- Anything not mentioned in the section “Included”

**Insurance:**

It is possible and advisable to subscribe the rescue service insurance policy for mountain guides clients  
<https://www.larcasrl.it/page.asp?ID=45>

**Physical difficulty:**

It is required to be good hikers