



## GRAN PARADISO SKI MOUNTAINEERING

Gran Paradiso is a peak that cannot miss in every ski mountaineering enthusiast's curriculum. Breath-taking landscapes and high altitude are some of the main ingredients of this amazing ascent.

### **Program:**

#### Day 1:

- Equipment and backpack check and presentation
- Climbing to the hut (Vittorio Emanuele or Chabod in accordance with the glacier conditions or places available)
- Dinner and overnight stay

#### Day 2:

- Breakfast and departure about one hour before dawn
- Ascent and return to the hut
- Lunch and descent to the valley

#### Notes:

It is possible to organize a third day for the ascent of Tresenta or the traverse through Grand Etret Pass

### **Duration:**

2 days

### **Period:**

March, April

### **Number of participants:**

Maximum 4

### **Meeting point:**

To be set with the guide

### **Skills required:**

It is required to be able to ski off-piste on any kind of snow and inclination and to be able to turn uphill on hard snow

**Equipment:**

- Ski mountaineering equipment
- Avalanche rescue kit (arva, shovel and probe)
- Crampons and harness
- Rampant
- Ski mountaineering pants
- Windstopper winter pants
- Tights
- Undershirt (1st layer)
- Long-sleeve shirt (2nd layer)
- Polartec jacket (3rd layer)
- Padded jacket (4th layer)
- GORE TEX jacket (5th layer)
- 2 pairs of gloves, a thick and a light one
- Woolen hat and buff headwear
- Sunglasses
- Ski goggles
- Sun cream

**Fees:**

- 1 person: €600
- 2 people: €325/pax
- 3 people: €240/pax
- 4 people: €190/pax

**Included:**

- Mountain Guide fee

**Not included:**

- Transfer to the meeting point;
- Overnight stay and half board in mountain huts, for the participants and the Guide;
- Other expenses in the mountain hut not included in the half board, for the participants and the Guide;
- Technical equipment rental;
- Anything not mentioned in the section "Included".

**Insurance:**

It is possible and advisable to subscribe the rescue service insurance policy for mountain guides clients  
<https://www.larcasrl.it/page.asp?ID=45>