



PUNTA POUSET – EAST RIDGE

Nice mountaineering ascent with sections up to grade V on rock.
Great view on Cogne valley and excellent training for highly renowned ascents, such as Grivola or Cervino.

Program:

- Meeting early in the morning on Cogne square and equipment check
- Departure on the path to Les Ors and then start of the ascent on the ridge
- Climb of the ridge roped together
- Arrival at the peak, packed lunch and descent on the path
- Return to the village in the late afternoon.

Equipment:

- Mountaineering boots
- Harness with lanyard
- Helmet
- Food and water
- Jacket and extra sweater
- Clothes to be defined according to season and weather

Duration:

1 day

Number of participants:

Maximum 2

Meeting point:

Cogne

Technical difficulty:

It is required to be able to climb on grade IV on rock as a second in a roped party

Physical difficulty:

It is required to be well-trained. The hike lasts about 8-12 hours

Fee:

1 person: € 450

2 people: € 275/each

Included:

– Mountain guide fee

Insurance:

It is possible and advisable to subscribe the rescue service insurance policy for mountain guides clients

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