



INTRODUCTION TO ROCK CLIMBING

Entrust our Mountain Guides' expertise to approach this exciting activity.
Live a new amazing experience on the cliffs of Cogne.

Program:

Half day:

- Meeting with the guide at 9:00 at Cogne Tourism Office for equipment check and briefing
- Transfer to the chosen cliff and climbing until 12:30

Full day:

- Meeting with the guide at 9:00 at Cogne Tourism Office for equipment check and briefing
- Transfer to the chosen cliff and climbing until 12:30
- Lunch break
- Climbing until 16:30

Equipment:

- Sports clothing
- Trekking shoes
- Harness
- Helmet

Duration:

Half day or full day

Number of participants:

Maximum 6

Meeting point:

Cogne Tourism Office or to be set with the guide

Technical difficulty:

None - Activity for beginners

Physical difficulty:

None - Suitable for all levels

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Fee:

Half day

- 1 person: € 250
- 2 people: € 125/each
- 3 people: € 100/each
- 4 people: € 75/each
- 5 people: € 60/each
- 6 people: € 50/each

Full day

- 1 person: € 360
- 2 people: € 180/each
- 3 people: € 120/each
- 4 people: € 90/each
- 5 people: € 80/each
- 6 people: € 80/each

Included:

- Mountain Guide fee
- Harness and helmet

Not included:

- Transfer to/from meeting point
- Lunch

Insurance:

It is possible and advisable to subscribe the rescue service insurance policy for mountain guides clients

<https://www.larcasrl.it/page.asp?ID=45>