



## GRAN PARADISO - NORMAL ROUTE FROM COGNE

The best of Gran Paradiso!

Climbing Gran Paradiso from Cogne will be an entire nature experience of peace, loneliness and satisfaction. Dedicated to tasteful people searching high level stylish ascents.

### Program:

Day 1:

- Equipment check and presentation
- Walking to the the Pol /Grappein hut at 3200 mt (the climbing lasts almost 6 hours with some easy rock climbing and little ferrata. At the hut, which is located in an incredible panoramic position, we will prepare dinner and sleep overnight)

Day 2:

- Breakfast at 4.00 AM
- Climbing the glacier through the Vaccarone Pass, we will join the normal way to the top from Valsavarenche that reaches the summit (4/5 hours from the hut)
- Descent to Vittorio Emanuele or Chabod hut

### Duration:

2 days

### Number of participants:

Maximum 2

### Meeting point:

To be set with the Guide

### Skills required - level of difficulty

It's required to have a good training and a curriculum with some high mountains climbed in the past and some long hikes in the short term past. Steep glacier and unsteady rocks with crampons and some little rock climbing (2nd-3rd degree)

- Lunch in the hut and descent to the valley
- Return to Cogne with taxi or bus.

**Equipment:**

- Winter mountain shoes
- 30/35 liter backpack
- Drycover pants
- Two undershirts
- Polartec jacket
- Padded jacket
- Gore tex jacket
- One pair of gloves
- Mountain hat and buff headwear
- Sunglasses
- Sun cream
- Lunch and dinner for the first day (that can be bought in Cogne with the mountain Guide)

**Fee:**

1 person: €800/pax

2 people: €450/pax

**Included:**

- Mountain guide fee

**Not included:**

- Transfer to the meeting point and from Valsavarenche back to Cogne
- Equipment rental
- Lunch and dinner bag
- Anything not mentioned in the section "Included"

**Insurance:**

It's possible and advisable to subscribe the rescue service policy for mountain guides clients <https://larcasrl.it/page.asp?ID=45>