

# GRIVOLA

It has been described as "arduous and beautiful" by the poet Carducci. Especially from its north face, Grivola is one of the most aesthetic peaks of Aosta Valley. The itineraries on its slopes are not extreme, but the quality of the rock and its isolation makes it a harsh tour.

### **Program:**

## Day 1:

- Meeting with the guide (time to be defined) for equipment check and briefing
- Climb to the hut or bivouac
- Dinner and overnight stay

#### Day 2:

- Breakfast and departure about one hour before dawn
- Ascent and return to the hut
- Lunch and descent to the valley

#### **Equipment:**

- 30/35 litre backpack
- Crampons, harness and ice axe if necessary
- Trekking poles
- Headlamp with charged batteries
- Mountain shoes

#### **Duration:**

2 days

#### Overnight stay:

Sella hut Gratton bivouac Balzola bivouac

# Number of participants:

Maximum 1

#### Meeting point:

To be set with the guide



- -Mountain pants
- -Tights
- -Undershirt (1st layer)
- -Long-sleeve shirt (2nd layer)
- -Polartec jacket (3rd layer)
- -Padded jacket (4th layer)
- -GORE TEX jacket (5th layer)
- -2 pairs of gloves, a thick and a light one
- -Woolen hat and buff headwear
- -Sunglasses
- -Sun cream

#### Fee:

1 person: € 1200

#### Included:

-Mountain Guide fee

#### Not included:

- -Transfer to/from the meeting point;
- -Overnight stay and half board in mountain huts, for
  - the participants and the Guide;
- -Other expenses in the mountain hut not included in
  - the half board, for the participants and the Guide;
- -Technical equipment rental;
- -Anything not mentioned in the section "Included".

#### Insurance:

It is possible and advisable to subscribe the rescue service insurance policy for mountain guides clients https://www.larcasrl.it/page.asp?ID=45

### Technical difficulty:

Snow-covered slopes, sections on grade II on rock, some vertical walls equipped with chains

### Physical difficulty:

It is required to be good hikers

